**MY IKIGAI SHEET**

|  |  |
| --- | --- |
| ***What I Love to do***  E.g  Adventure activity | ***What the World Needs***  E.g Green energy |
| ***What Am I Good at***  E. e.g Analysing processes/functions | ***What I can be Paid For***  E. e.g Managing  logistics & Inventory |

|  |  |
| --- | --- |
| Energy Creaters | Energy Drainers |
| ·   E.g  ·   Planning for events  ·  · | ·   E.g         Repetitive administrative work e.g BOO |

Online free tests for analysing Job Fit

1. HIGH FIVE test :  https://high5test.com/career-strengths-test/
2. Horward Gardner Model/test

**Financial Planning Basics before PMR**

|  |  |
| --- | --- |
| **Financial Instrument Held** | |
| **Asset Class** | **Amount** |
| Stocks |  |
| Mutual Funds |  |
| Real Estate |  |
| DSOPF |  |
| FD / Bonds |  |
| Cash in Bank |  |
| Insurance |  |
| Others (If Any) |  |
| PPF |  |
| Gold |  |
| **Total** |  |
|  |  |
|  |  |
| **Annual Cash Flow** | |
| **Particular** | **Amount** |
| Total Income |  |
| House Hold Expenses |  |
| Insurance Premium |  |
| Loans / Emi Payout |  |
| Savings |  |
| Other (if any) |  |

|  |  |  |
| --- | --- | --- |
| Big ticket Expense | Today’s cost | Cost at time of actual event |
| Child Graduation in 2027 |  |  |
| Child Marriage in 2030 |  |  |
| New car in 2025 |  |  |
| International holiday in 2026 |  |  |
|  |  |  |
| Total |  |  |

Financial planners (Veterans) well known

1. Hum fauji Initiatives - 011-40814681 ( Col Govila Retd)
2. Capt Vipul Chowdhary Retd - 9873162134